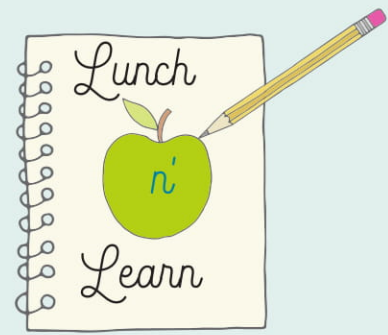


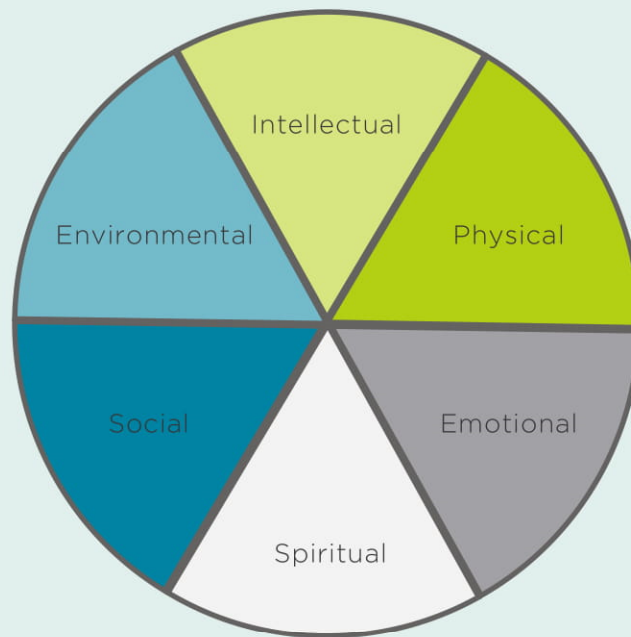
# Bayley Fitness Club



Friday, January 25th 12:30-1:30p

## New Year New You

Where are you on the wellness wheel?



Let us help you on your Health & Wellness Journey!  
You are NEVER too old to set and achieve new goals!  
Join Bayley Staff as we host an interactive discussion about various dimensions of health and wellness and how to effectively set and reach your goals.  
Make 2019 Your Year!

Bring your lunch, drinks will be provided!

Call 513-347-1400 to register today!  
401 Farrell Ct. Cincinnati, OH 45233