



All Types Welcome.

UPCOMING BLOOD DRIVE

Delhi Township

Monday, June 3, 2019

12:00 pm – 2:15 pm and 3:30 pm – 6:00 pm

Blood Drive held in the Senior / Community Center
665 Neeb Road

To schedule an appointment, please visit:

www.hoxworth.org/groups/delhicivic

or call Hoxworth at 513-451-0910



DELHI TOWNSHIP
THE FLORAL PARADISE OF OHIO

Hoxworth
BLOOD CENTER
UNIVERSITY OF CINCINNATI 



Blood Donation Eligibility Guidelines

Basic Donation Criteria:

You must meet all of the following criteria in order to donate:

- a. **Be at least 17 years old. (Sixteen year olds may donate with parental consent*)**
- b. **Weigh at least 110 lbs. (body weight).**
- c. **Generally feel well and healthy.**
- d. Have no fever, sore throat, flu-like symptoms, or active cold symptoms.
- e. Has not had major surgery recently and released from doctor's care.
- f. Requirements for automated red cell donors: Men: $\geq 5' 1''$ height, weight ≥ 130 lbs.; Women: $\geq 5' 3''$ height, weight ≥ 150 lbs.

The following criteria may affect your ability to donate and result in a temporary deferral:

- a. **Tattoo*** – acceptable if in a commercial facility and in approved state.
- b. **Ear/Body Piercing*** – acceptable if piercing is performed using single-use equipment (materials, kit, supplies, etc.)
- c. **Pregnancy** – you cannot donate while pregnant; you may donate six weeks after the pregnancy has ended.
- d. **Allergies** – you may not donate on the day an allergy shot was received.
- e. **Travel*** - if traveling to a known malarial zone, you must wait one year after your return; if you lived in a known malarial zone more than 5 years, you must wait 3 years after immigrating to the U.S.

You may donate if you are taking the following medications:

- a. **Aspirin** – platelet donors must wait 48 hours after ingestion.
- b. **Birth control pills**
- c. **Blood Pressure Medication** – provided your blood pressure is under control.
- d. **Antibiotics** – after course is completed and feeling well.
- e. **Diabetes medication** – Oral medication is acceptable; insulin dependent diabetics may donate provided they have not used beef-source insulin since Jan. 1, 1980.
- f. **Heart Disease/Other Medications***

You may NOT donate at any time (permanent disqualification) if you have/had:

- a. Tested positive for HIV.
- b. Participated in high-risk behaviors associated with HIV infection.
- c. Hepatitis B or Hepatitis C virus infection at any age.
- d. Spent time in Europe that adds up to five or more years (since 1980).
- e. Between 1980-1996, if you spent 3 months or more in the United Kingdom or were a member of the U.S. military, a civilian military employee, or a dependent of a member of the U.S. military.
- f. Certain forms of Cancer.*

General recommendations to help with the donation process:

- a. Eat a good meal and drink plenty of non-caffeinated and non-alcoholic fluids before and after donating.
- b. Bring your last 3 years of foreign travel history.
- c. You may donate Whole Blood every 56 days (8 weeks), Automated Red Cell 112 days (16 weeks), Plasma 28 days (4 weeks), and a Platelet donation (recommended) 2 weeks.
- d. Donors between the ages 16-18 may donate within a 12-month period as follows:
Females - 1 Whole Blood donation
Males - 2 Whole Blood or 1 Automated Red Cell donation

Call Hoxworth Blood Center for information regarding other states for **Tattoo/Body Piercing or more information regarding **Parental Consent, Medications, Travel, Military Service, Heart Disease, and Cancer** at (513) 451-0910; toll-free at (800) 830-1091.*